

# Batter Up

Develops ability to strike a ball



Hitting a moving ball with a bat is challenging for little kids but they can have lots of fun learning how to do it! To help them develop the ability to strike a ball - start with this active play idea using beach balls or balloons. They both have a large surface area, making them easier to hit, and they gently bounce off little bodies while your child is learning to get their eye in.

**How to set up this activity:** grab some string, wool or thin rope | blow up a beach ball or balloon | make a soft bat - roll up and tape a newspaper, cut a length of pool noodle or use a cardboard tube from your kitchen | tie your string to your beach ball and then tie your string to a branch or the clothes line - placing the beach ball at your child's waist height or higher if you want to challenge them with jumping too | let the whacking begin!

Kids find this excellent fun, and it's great practice for party piñata games.



**Develops ability to strike a moving object**

Great beginner activity for learning bat and ball sports.



**Develops hand-eye coordination**

Tracking and striking a moving object with a bat develops timing.



**Develops social skills**

Encourage playing in pairs and turn-taking, hitting the ball to each other.

**For more tips and ideas** go to [fb.me/MightyMoversCBR](https://fb.me/MightyMoversCBR) or [bluearth.org](https://bluearth.org)