

# Ice Smash

Develops coordination and ability to use tools



Kids love exploring ice in all shapes and sizes, especially large blocks with treasures hidden inside!

## How to set up this activity:

- 1 find your container - cake tin, ice cream bucket or cut milk bottle all work well
- 2 grab some objects - either natural (pine cones, pebbles, acorns) or plastic toys
- 3 pop your objects into your container, fill with water, add food colouring
- 4 place containers in your freezer for 24 hours
- 5 find a variety of tools to break up the ice - wooden rolling pin, large sticks, hand sized rocks or rubber mallet are a good start

The next day - head outside, pop out your ice blocks, place the tools to the side, and let your kids loose on the ice - to explore, smash them up, work out how to free the objects inside or build an ice sculpture. Observe at first, then join in.



## Develops upper body strength

Using tools to break the ice develops large muscle skills.



## Sensory Development

Sense of touch is developed from feeling the cold ice.



## Develops problem solving skills

Learning how to use tools and work out how to free frozen objects.

For more tips and ideas go to [fb.me/MightyMoversCBR](https://fb.me/MightyMoversCBR) or [bluearth.org](http://bluearth.org)