

Horsing Around

Encourages galloping and imaginative play



Horse themed play inspires kids to gallop, run and jump as they enjoy the imaginative play of riding their horse alongside their friends and family. Your child's hobby horse can be store bought, homemade with a sock and broomstick or a simple bush stick. Sticks are always a favourite for their versatility in play.

Try riding your horse around the house, backyard or local park and see what adventures you can find. Play follow the leader, race around a track, make your best horse noises or sing a galloping rhyme like "Giddy Up Horsey": Giddy up, Giddy up, Giddy up horsey. Go go go! Giddy up, Giddy up horsey. Whoa. Whoa!

For riding themed **Baby Play** "This is the Way the Lady Rides" is a great knee bobbing song that's ideal for sharing active song play with your child. Go to Mighty Movers CBR on Facebook for a video of this song with actions.



Develops joyful galloping

Horse play provides motivation to move, gallop and run.



Develops imaginative play

Children learn about themselves, the world, and how to think flexibly in imaginative play.



Family fun

Piggyback rides are the perfect way to extend this theme. Your child will love riding on your back.

For more tips and ideas go to fb.me/MightyMoversCBR or bluearth.org