

# SPORTING SCHOOLS FUNDING



# OUR MISSION

Bluearth is passionate about addressing the alarming trends of sedentary living in children across Australia.

Our purpose for change is driven by the following factors:

- Our children risk being the first generation to have a shorter life expectancy than their parents
- Our nation ranks 140 out of 146 countries for sedentary behaviours in 11 to 17 year olds
- Physical inactivity is now as big a killer as smoking in Australia
- The average screen time of children exceeds 10 hours per day
- Depression, anxiety, and loneliness are increasing in all communities
- Mental health issues are the second biggest cause of death in Generation Z

Physical activity is a powerful remedy to mental illnesses such as depression and anxiety, and preventable diseases such as obesity and cardiovascular disease, which is why we strive to make movement a part of everyday life. As parents and custodians of this generation, we have an obligation to get our children moving more and moving well, so they can have a happy and healthy future and be the best versions of themselves.



# ABOUT SPORTING SCHOOLS FUNDING

Bluearth's Active Schools Program is a proud partner of [Sporting Schools](#).

Bluearth Coaches are registered with the [Sporting Schools Program](#) via Baseball Australia and Lacrosse Australia. Funding is available when you select Baseball or Lacrosse and indicate that Bluearth is your preferred baseball or lacrosse coach provider.

Baseball and lacrosse delivered through [Sporting Schools](#) is a fantastic way for you and your school to experience the Bluearth approach while exploring the fundamental skills and movements encompassed in Baseball or Lacrosse.

Bluearth baseball and lacrosse activities are designed to enhance and develop students' physical abilities, support social and emotional growth and enhance left/right brain development to assist with learning. The sessions presented will also contribute to professional development of the classroom teacher. Through professional development of teachers, we are building school capacity to improve health and develop lifelong habits of posture, function, self-efficacy, and self-awareness.

## WHAT TO EXPECT

- 5 full days of face to face coaching over 1 school term
- 5 classes per day, coached alongside their regular teacher
- 5 recorded sessions for distribution across the school
- Teacher Professional Development and Accreditation
- Working within school timetable
- Teacher workshops
- Whole school events
- Web-based resources



## HOW TO APPLY & BOOK BLUEARTH

To apply for the [Sporting Schools](#) initiative, follow [these simple steps](#). When booking your Sports Package, chose Baseball or Lacrosse as your desired sport and select Bluearth as your provider, or add a note stating that Bluearth is your preferred provider for this program.

## THANK YOU FOR CHOOSING BLUEARTH

We're thrilled that you've requested Bluearth as your [Sporting Schools](#) provider. We look forward to helping students move more and move well at your school.

## NEED SOME ASSISTANCE?

If you need a hand with your application, please get in touch with our team.

✉ [mail@bluearth.org](mailto:mail@bluearth.org)

☎ 1300 784 467

