

YORGAS GET YOUR MOB MOVING

WITH A SCHOLARSHIP IN HEALTH AND FITNESS

INTERESTED IN GETTING YOUR MOB FIT AND HEALTHY?

Want a career in Health and Fitness?

Bluearth Foundation is partnering with WA Department of Sport and Recreation and Yok Djakoorliny, a Perth based health and wellness group for Noongar and other Aboriginal women and their friends, to offer full scholarships to two Aboriginal women to complete Certificate III and IV in Fitness. Each Certificate is 6 months in length and is full time (4 days a week). **Please complete the application form on the back of this page.**

The scholarship will cover all course fees and include ongoing mentoring, support and student membership as a fitness professional to Physical Activity Australia.*

Scholarship holders will be asked to participate in weekly activity sessions with Yok Djakoorliny members during their course, which will provide them with the opportunity to practice the skills they're learning.

If you would like to know more about the program contact **Jenni Curtis, Yok Djakoorliny** on curtisjenni65@gmail.com mobile: 0417099867 or contact **Wendy Gillett, Bluearth Foundation** wgillett@bluearth.org mobile: 0409141135.

* Scholarship holders will be responsible for purchasing course materials. Estimated cost: \$330.



Proudly supported by



Department of
Sport and Recreation

APPLICATION FORM

Please respond to the following criteria and **submit your application by Friday 30 June, 2017 to mail@bluearth.org** with the subject heading **Yok Djakoorkliny**. This scholarship is open to Aboriginal women who reside in WA and can undertake a full time course in 2017 in the Perth area.

Name: Aboriginal Yes No

Contact Number: Email Address:

1. What is your highest level of education?

Year 10 WACE TAFE Certificate University degree Other – please state

Please attach transcript of your most recent qualifications.

2. What interests you in working in the fitness industry?

3. Please describe your interest and commitment to improving Aboriginal women's health and wellbeing.

4. What challenges (such as transitioning to full-time study, financial pressures, transport challenges, juggling family responsibilities) may impact on your ability to undertake and complete Certificates III and IV in Fitness? How will you go about meeting these challenges?

5. Please name and describe the key people who will support you during your studies.

6. Describe how you look after your own health and wellbeing.

7. Each scholarship holder is required to participate in weekly Yok Djokoorkliny training sessions. Are you willing to participate in these sessions for six months, upon completion of your studies, in different locations around Perth? Yes No

8. Is there any other relevant information you would like to share with us?