

Movement Challenges & Games

SNOWBALL TAG

- One person begins with a 'snowball' (tennis ball).
- Their job is to try and tag someone else with the snowball - the snowball must stay in the hand.
- The tagged person then gets a snowball and now there are two taggers.
- The game 'snowballs' until every person has been caught.

Equipment: Tennis balls / cones to define area if needed.

Area Required: Any size area depending on age group. Basketball court size as a minimum up to whole oval or bigger if the group is up for it.

Benefits

- Strategy (How will I evade the tagger? / how will I catch and tag others?).
- Co-operation / Teamwork (How can I work with others to catch and tag people?).
- Resilience (When I am tired or in a tight situation will I continue to try my best?).
- Persistence (Will I do everything within my power to avoid getting tagged? Will I keep trying until I catch that person?).
- Acceptance (Do I accept being tagged as being just part of the game?).

How to explain the activity

- One person starts with a snowball, they are the tagger. Their job is to run around and try and get close enough to tag us with the ball in their hand.
- If we get tagged we come in to where the bag is and we get a ball, our job then is to help that person out and tag other people.
- We keep going until every single person has been tagged and has a tennis ball.
- It's important to realise that once we are tagged our game is only half over and we need to keep going until every person has been tagged.

Cues for debrief / reflection

- What was my strategy as the tagger?
- What was my strategy to get and stay away from the tagger?
- Is this an individual game or a team game?
- Did you give equal effort to evading and to tagging?
- What was challenging about that game the longer it went on?

How to vary the activity

- For a quick restart play reverse snowball tag. The last person to be tagged remains without a ball. They then try to tag all those people who have a ball. Instead of collecting a ball, they return it to the bag and help out the tagger. Game goes until all balls have been returned.
- Good activity to either give out or collect tennis balls.
- Play the game on lines of a court, or in more challenging environments i.e. playground.
- Use other pieces of equipment to tag: i.e. bean bags.