

Movement Challenges & Games

SCREEN TAG

- Working in groups of four; three students stand in a circle holding hands, the fourth on the outside of this circle.
- On the word “GO”, the student outside the circle attempts to tag a nominated student who is part of the circle.
- The other two members of the circle try to stop this happening by spinning the circle and getting their bodies in the way.
- Students change roles frequently.

Equipment: Nil.

Area Required: Any cleared area large enough for students to move freely.

Benefits

- Co-operation / teamwork (how can we work together in the circle to prevent being tagged?).
- Persistence (Will I keep trying to catch that person?).
- Strategy (How will I catch the nominated person?).
- Agility (Quick changes in direction to catch the circle off guard.).

How to explain the activity

- In your groups of four (games such as Five Noses can help to organise groups), three people need to join hands and form a circle.
- Once you have done this, choose one person in the circle as the target. When I say “GO”, you have to do everything you can to stop the person outside the circle from tagging the target.

Cues for debrief / reflection

- Did I work effectively with other people in the circle?
- How was I best able to tag the target?
- What did the circle need to do to prevent the target being tagged?

How to vary the activity

- Increase the number of students in the circle.
- Students must hop at all times.