

Movement Challenges & Games

FREIGHT TRAIN TAG

- Working in groups of 3-5 one student is the tagger and attempts to join the end of the train by either tagging the last student, or running to join the end of the train.
- Students form a line where they hold the hips of the player in front of them. All students in the line are facing the same way.
- The tagger stands alone facing the front of the Freight Train.
- Once the tagger is successful in tagging or joining the back of the train, the front student becomes the tagger.

Equipment: Nil.

Area Required: Any space. Whole class participation.

Benefits

- Teamwork/Group-work (How am I working with others to achieve the goal?)
- Fun
- Body awareness
- Decision Making
- Balance
- Body Control
- Communication

How to explain the activity

- As above

Cues for debrief / reflection

- What did you like about the activity?
- Were any parts of the game challenging? (This may bring up, working with a group to avoid being tagged, protecting the back of the train)
- How did you feel when you were the tagger? Any challenges? Strategies?
- How did you feel when you were at the back of the train? Did you do anything to avoid being tagged?
- What was it like to be in the middle of the train?
- Which job was the most challenging? Why?

How to vary the activity

- The back of the train can place a colour band at the waist band of their uniform acting as a 'tail'. This then becomes the target for the tagger. The tagger must steal the tail from the back of the train.
- Ask the students for their feedback on how the game could be modified, or any ideas they have to change it. Apply these modifications/changes.