

Movement Challenges & Games

CROCODILE NET

- Each student nominates two other students from the group and doesn't tell anyone.
- One of the nominated students is their "crocodile" and the other is their "net".
- The student attempts to keep their "net" between themselves and their "crocodile" without touching anyone until time runs out.
- After appropriate period of time the coach/teacher calls "freeze" and if a student doesn't have their "net" between them and their "crocodile" they get eaten.
- The game then restarts and new nets and crocodiles are nominated. Everyone should keep the identity of their net and crocodile secret.

Equipment: Cones to mark area.

Area Required: 3rd of basketball court or similar space.

Benefits

- Speed.
- Agility.
- Decision making.
- Anticipation.

How to explain the activity

- Use a practical demonstration with two students who you clearly nominate as crocodile and net to give the group a visual of what to expect.
- Be patient this activity appears simple but may take some time to become simple.

Cues for debrief / reflection

- At the completion of each game you can ask individuals who their crocodile and net were which can be an opening for discussion.
- Is it best to be close to your net or far away?
- Did anyone have the same crocodile or net?

How to vary the activity

- You can build up to this game using shadowing activities or blocking games (where you nominate someone who's pathway you are going to attempt to block without touching them or telling them).

